

LINCOLN'S GATE RECREATION CENTRE

RULES AND REGULATIONS

Swimming Pool, Sauna, and Hot Tub

The pool will open Saturday, May 20th 2016, from 10:00 am to 10:00 pm daily, and will close in September, after the Labour Day long weekend, or later, weather permitting.

Children under 16 years of age must be accompanied by an adult and are only permitted in the Recreation Centre between 12:00 noon and 8:00 pm daily.

There must be ONE adult for every TWO children in the pool as there are NO LIFEGUARDS.

Everyone MUST shower before entering the pool and hot tub, and after using suntan oils or lotion. Anyone with bandages or open wounds will NOT be permitted in the pool or hot tub. Long hair must be tied or bathing cap used.

Proper swimwear must be worn – NO cut-offs, T-shirts, shorts. Swimwear must NOT be transparent.

Shoes or flip-flops MUST be worn when entering the Recreation Centre. Bare feet NOT allowed.

NO RUNNING in the pool area. Pool toys, fins, snorkels, balls, and flotation devices are NOT permitted. Water wings ARE permitted.

No radios are allowed unless used with earphones.

Food, beverages, and smoking are ONLY permitted on the upper level of the pool area.

ALCOHOL IS NOT ALLOWED on the premises. Persons bringing alcohol or arriving in an inebriated condition, will have their cards suspended.
Lincoln's Gate Recreation Centre is subject to Provincial Health Regulations.

Residents are requested to vacate the pool and sauna areas at 9:45 pm to allow staff to perform maintenance and lock-up procedures.

Any resident not complying with any of the above, will have their card suspended.